



Chicken Feed Recipe

- 3 parts soft white wheat
- 3 parts red winter wheat
- 2 parts dried corn (3 to 4 parts in the winter)
- 1 part sunflower seeds (2 parts in winter)
- 1 part sesame seeds
- 1 part hulled barley
- 1 part split peas
- 1 part lentils
- 1 part quinoa
- 1 part millet
- 1 part kamut or ancient grains
- 1 part oat groats
- 1 part amaranth seeds
- 1 part aragonite (calcium)
- 1/2 part flax seeds
- 1/2 part seaweed flakes

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